

FOR IMMEDIATE RELEASE

**Helping youth and low income adults quit smoking and be nicotine addiction free in Phoenix
Arizona**

Biocare Laser Therapy Wellness Center provides a charity discount incentive for youth (Ages 12-25) and low income adults to quit smoking with one bio laser treatment

September 22, 2010 (Phoenix, Ariz.) — The 2009 Arizona Youth Risk Behavior Survey indicates nearly 20 percent of the high school students surveyed had smoked at least one cigarette in the last 30 days (source: [Arizona Department of Education](#)). A young cigarette smoker can begin to feel powerful desires for nicotine within two days of first inhaling, according to a research study (source: [Symptoms of Tobacco Dependence After Brief Intermittent Use](#) (The Archives of Pediatrics and Adolescent Medicine), and about half of children who become addicted report symptoms of dependence by the time they are smoking only seven cigarettes a month.

Bio laser treatments are now available in the Phoenix area at an affordable price to help the youth, and low income Americans kick the nicotine habit and live smoke free.

The process of using laser therapy to stop smoking and alcohol, drug addictions as well as enhance appetite suppression was pioneered by [Ann Penman](#), who was able to quash her 60-cigarettes-a-day addiction through bio laser treatments. She then made it her personal mission to help other addicts quit. There are now programs across the United States, Mexico, Scotland, and England; Biocare Laser Therapy Wellness Center is the only Anne Penman organization location in Phoenix, Arizona.

Most times, addiction is at the root of smoking, overeating, or drug and alcohol abuse. That's where bio laser therapy can help. By stimulating key neurochemical pathways in the body, the brain releases feel-good chemicals called endorphins. These brain chemicals eliminate most if not all of the physical cravings of the addiction. When smokers stop smoking, a sudden drop in endorphin levels leads to withdrawal symptoms of stress and tension. Smoking a cigarette raises the endorphin level. After a few hours endorphin level drops, irritation is felt with a desire to smoke. The bio laser procedure helps to promote the release of endorphins, natural chemicals in the body associated with the spontaneous relief of pain and stress.

In addition to using bio laser therapy to stop overeating, clients at the Biocare Laser Therapy Wellness Center can also see a notable reduction in the look and feel of problem areas such as stomach, hips and thighs and buttocks through the use of the Vacu Stepper. New European technology process burns fat faster in the lower body problem areas by exercising while introducing vacuuming motion. The vacuum exercise process improves blood circulation in the lower body and burning of fat. Clients receive the benefits of losing weight, inches and cellulite appearance. Previous clients have seen dramatic results, whether using the Vacu Stepper exclusively or pairing it with bio laser (appetite suppression) therapy or fat detox wrap.

Biocare Laser Therapy is located at 2200 W. Bethany Home Rd. #7A, Phoenix, AZ 85015 and on the Web at <http://www.biocaretherapy.com>.

To learn more, contact Ray Solanki at (602) 492-9788.

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